

PROVIDER

course catalog

Winter/Spring Provider 2018 - 2019

Covering trainings offered January 1 - June 30 • Visit us online at www.iowaccrr.org

Regional Office

3675 University Ave
PO Box 4090
Waterloo, IA 50704-4090
(319) 233-0804
(800) 475-0804

Allison Office

101 Cherry St.
Allison, IA 50602
(319) 267-2644
(877) 635-9455

Decorah Office

1111 Paine St., Ste H
Decorah, IA 52101
(563) 382-4447

Dubuque Office

2728 Asbury Rd., Ste. 215
Dubuque, IA 52001
(563) 557-1628
(866) 296-5331

Independence Office

1009 1st St. W.
Independence, IA 50644
(319) 334-5900
(866) 655-7420

Mason City Office

202 1st St. SE, Ste. 205
Mason City, IA 50401
(641) 424-9559
(866) 424-9559

New Hampton Office

910 East Main
New Hampton, IA 50659
(641) 394-4854
(866) 394-4854

Child Care Referral Line:
1-855-CHILD-01

Peer to Peer Support Group

As a child care provider, have you ever thought that others in your community don't understand what you are going through? Have you ever had questions or wanted to share ideas but didn't know where to turn? Do you ever feel unappreciated or unheard?

If you've answered yes to any of these questions, Child Care Resource and Referral has an exciting opportunity for you!



This year we have started a brand new support program for the Child Care Provider Community. These Peer to Peer Support Groups will be offered in your local area with the goal of providing an opportunity for you to network and build lasting relationships with other child care providers like you.

The meetings will be scheduled during times that will be most convenient for your provider needs. Each Peer to Peer Support Group will be unique in the sense that it is provider driven and will focus on what YOU want to talk about. Whether it is concerns, questions, or ideas geared toward operating your child care program – these opportunities are meant to answer, enlighten, and bond our Child Care Community.

Although there is no training credit attached to these meetings, the resounding feedback from those who have attended our Fall Peer to Peer Support Groups has been overwhelmingly positive! Because you are able to discuss and share with those who are going through similar experiences, these meetings become beneficial on a multitude of levels. You may be new to the early childhood field or this may be your 20th year in the business – but no matter, we all have something to learn and gain from one another. If not information, then the connection of working together to build a stronger and more successful Child Care Provider Community!

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Peek Inside

CONFERENCES & CLASSES
OF INTEREST: pg 2

WINTER/SPRING COURSE
OFFERINGS: pg 6-27



Iowa Child Care Resource & Referral (CCR&R) provides resources, education, and advocacy to support quality child care.

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Be on the lookout for your local Peer to Peer Support Group and contact your Child Care Consultant with specific ideas, questions, concerns that you want to have discussed during these meetings. And remember, you do not need to attend these meetings thinking that you need to bring a question or idea to the table – your presence is the most valuable piece in this puzzle! We look forward to seeing you there!

Conferences & Classes of Interest

National Afterschool Association
New York, NY | March 15 - 18, 2019

NAEYC - Professional Learning Institute
Long Beach, CA | June 2 - 5, 2019

National Association for Family Child Care Annual Conference
Orlando, FL | June 19 - 22, 2019

Iowa Family Child Care Association
West Des Moines, IA | March 8 - 9, 2019

View the online calendars of other Iowa DHS approved training organizations for even more professional development opportunities:

Iowa Head Start Association
<http://www.iowaheadstart.com>

Iowa State University Extension
<https://www.extension.iastate.edu/humansciences/child-care-education-professionals>

Regents Center, University of Northern Iowa
<https://regentsctr.uni.edu/epq>

Central Rivers Area Education Agency
<http://www.centralriversaea.org>

Keystone Area Education Agency
https://www.aea1.k12.ia.us/en/professional_development/licensure_renewal__graduate_credit_courses/substitute_authorization/

Penn State Better Kid Care
<https://extension.psu.edu/programs/betterkidcare>

Iowa DHS Professional Development Requirements

Following are guidelines for the professional development you need to complete each year.

Center & Preschool Staff Within the first three months of employment:

- All new staff members will have 90 days to complete the Essentials Child Care Preservice Series training as well as Mandatory Child Abuse Reporter Training, Universal Precautions, 1st Aid and CPR.

Center Directors and Supervisors:

- 10 contact hours of training. After the first year, 8 contact hours annually.

All employees:

- 10 contact hours of training. After the first year, 6 contact hours annually.

Child Development Home Providers Owner and co-provider:

- The Essentials Child Care Preservice Series Training must be completed prior to approval as a child development home or receiving CCA payments, along with 1st Aid, CPR, and Mandatory Child Abuse Reporter Training
- If not ChildNet certified – 24 hours per 2 year certification period
- If ChildNet certified - 32 hours per 2 year certification period

Substitutes:

- Essentials Preservice Series Training, Mandatory Child Abuse Reporter Training, CPR and 1st Aid

Assistants:

- Mandatory Child Abuse Reporter Training

Child Care Homes with a Child Care Assistance Provider Agreement Owner:

- The Essentials Child Care Preservice Series Training must be completed prior to receiving CCA payments, along with 1st Aid, CPR, and Mandatory Child Abuse Reporter Training

Training Fee Policies & Procedures

Fee Schedule: The cost for trainings will be as follows: \$5 for each stand-alone one session training, \$10 for a series consisting of 2-5 sessions, \$15 for a series consisting of 6 or more sessions.

Payment Method: Only check or money order will be accepted for payment. No cash will be accepted. Checks should be made out to Exceptional Persons, Inc. Please include a copy of the form below with your check. Training fees cannot be “banked” for a later use.

Payment Location: Payment must be mailed or dropped off to the CCR&R office where the training originates. This address can be found when you are enrolling for a specific training in the “Payment Options” section of the “Enrollment Summary” page on the training registry. Consultants will not accept payment on visits.

Fee Waived for Foundational Series: ChildNet 2.0, Quality School Age Care, PBIS, NAP SACC, and PITC will be offered free of charge to providers taking the classes that correspond with the group of children in their care. ChildNet 2.0 will be of no cost to Registered Home Providers; PBIS and NAP SACC will be offered at no cost to center staff; and Quality School Age Care will be offered at no cost to those providing care for school age children. PITC will be offered at no cost to those providing care for infants and toddlers.

Fee Waived for QRS Levels 3-5: The training fee will be waived for providers with a current Quality Rating System (QRS) level of 3, 4 or 5. This rating must be current at the time participants register for class.

On-Site Training Fees: On-site trainings, if available in your area, will be charged the standard training fee per participant.

Training Enrollment: Providers must enroll for class on the DHS Training Registry. After enrollment, providers need to send payment to the address listed on the Registry. Once a provider has requested enrollment in a training, a CCR&R staff member must approve the enrollment.

Training Enrollment Approval: Providers must be “linked” to their Registered Child Care Home or Licensed Center in order to be approved for a training. If listed as a “Basic Participant” enrollment will not be approved. Providers will not be approved for a training until payment is received. Providers will receive an email confirmation via the training registry once enrolled in the class.

Refunds: Payment is non-refundable. Once payment has been received no refunds will be issued. Names cannot be substituted in training enrollments.

Receipts: Receipts will be distributed with training certificates at the end of each training. If a participant is not able to attend the training, a receipt can be requested from your local office within two weeks after the training.

Late Sign-Up: In the case of late sign-up, in which the fee will not make it to the office before the training, the fee can still be sent. The training certificate will be held until payment is received and then sent to the participant. Please do not bring check or money orders to the training.

Waiting List: Waiting list will be limited to the first 10 participants. The waiting list will be closed once it reaches 10 participants. In the case of a waiting list, credit vouchers will be issued for any participants not making it into the class.

Class Cancellation/Reschedule: If CCR&R determines that a class needs to be canceled or rescheduled, for any reason, a credit will be issued for the class. If the class is rescheduled, the credit will be used for that class. If the class is canceled, a credit voucher will be mailed to each participant in \$5 increments within 2 weeks of the canceled class. These vouchers can then be mailed in to use for the next class that has a fee applied.

Credit Vouchers: Vouchers will be valid from one year from the date of the training. CCR&R is not responsible for lost credit vouchers. Lost vouchers will not be reissued. Vouchers may be transferred with-in a center or home among employees that work in the same building. They may not be transferred across address locations.

Insufficient Funds: In the event a check is returned to Exceptional Persons, Inc. for insufficient funds, the participant will be contacted for alternative method of payment. A fee of \$25.00 will be added to each check returned. After one insufficient fund, only money orders will be accepted from that provider for payment for a period of one year from the date of the insufficient fund.

How to Register for trainings with Child Care Resource & Referral:

1. **ENROLL** on DHS Training Registry (<https://ccmis.dhs.state.ia.us/trainingregistry/>)
2. **MAIL** training fee payment to local office where training originates
3. **WAIT** for email confirmation (or check “Manage My Enrollments” in Training Registry Account)
4. **ATTEND** class and use the information in your child care program

Title of Training _____ Date of Training _____

Participants Name _____ Best Contact Phone Number _____

CCR&R Training Event Attendance Policy

Equal Opportunity: CCR&R endorses the principle of equal opportunities for all people regardless of race, color, creed, marital status, national origin, sex, sexual orientation, religion, ancestry, age or non-job related handicap or disability in the educational programs or activities it operates. To receive more information or to request an accommodation, please contact your local CCR&R or the CCR&R Regional Training Coordinator.

Certificates: Certificates shall be given only to participants who attended the entire training event. There is a \$5 processing fee (per certificate) for lost or missing certificates.

Cancellations: In the event that training needs to be canceled CCR&R will make every reasonable effort to contact individuals enrolled in the class. Please provide us with accurate contact information when registering.

Attendance: Providers shall complete the sign-in sheet, indicating all information, upon arrival. Failure to sign-in shall result in the inability of CCR&R to verify attendance at a training event.

Late Arrival / Early Departure: Training participants will not receive a certificate for training if they arrive later than the published start time. Participants who leave the training event early will not

receive a certificate for the training. In the case of emergencies that result in a training event ending early (i.e., fire, tornado, etc.) the instructor or facilitator may contact the Regional Training Coordinator to determine if credit for class should be received and if certificates should be given.

Visitors: Visitors, including children, are not allowed in training events.

Professional Behavior: Training participants are expected to behave in a courteous and respectful manner. Cell phones should be turned off or to vibrate. Texts and phone calls are prohibited during a training event. Electronic distractions (i.e., PDA, laptop) should be turned off during training events, unless necessary to accommodate a special need. CCR&R requests that the participant notify the training coordinator in advance of the accommodation request so that we may ensure that we meet the needs of training participants. There should not be side conversations taking place during training. Participants who do not abide by this policy will be asked to leave and will not be provided a certificate.

Make Sure Your Training Counts

To receive credit, training must be approved by the Iowa Department of Human Services. Training received in a group setting must be conducted by a trainer or using curriculum or training materials developed or obtained from one of the following sources. If one of these groups is sponsoring a training, it is **automatically approved**.

- Accredited Universities
- American Heart Association
- Iowa Professional Associations (IAEYC, IFCCA, etc.)
- State Departments of Health, Education, & Human Services
- Community Colleges
- National Safety Council
- National Professional Associations (NAEYC, American Academy of Pediatrics, etc.)
- Area Education Agencies
- ISU Extension
- Medic First Aid
- National Professional Associations (NAEYC, American Academy of Pediatrics, etc.)
- CCR&R
- Head Start
- Regent's Center
- Red Cross Services
- CACFP and WIC

Self-study training packages approved by the department include curriculum developed and materials distributed by:

- Department child care licensing consultants
- Iowa State University Extension

The following are **reviewed and unapproved** professional development activities for child care providers:

- Child Care Support Network, WI
- FunShine Express
- Smart Horizons/ NACCP
- Emergency Care & Safety Institute CPR & First Aid
- Kids Place Up
- Exchange Everyday
- NAMI Mental Health
- Love & Logic
- MB&A

Do Online CPR Classes Count? Online CPR classes are not accepted by the Iowa Department of Human Services for CPR Certification. Before signing up for a CPR course not offered by the American Red Cross, American Heart Association, or a hospital, contact your local CCR&R office to be sure you are able to receive credit.

Reading the Course Catalog

Our course catalog has changed

In order to provide more information about the training opportunities offered, the layout of our course catalog has changed. Please use the key to the right as you begin to navigate the new layout. As always, feel free to contact your local child care consultant should you need any further assistance.

Not all training is listed

Only those trainings which are taking registrations after January 1 are listed – this is not a listing of all of the trainings taking place. For series in-progress or to make up a session, contact your local CCR&R office or visit the DHS Provider Training Registry for more options.

Saturday Trainings

These trainings are marked with a red date.

Terms used throughout the course catalog:

Foundational Series: CCR&R foundational series are available region-wide and are delivered in a standardized format. Training consists of multiple modules and/or sessions.

Foundational series are generally offered once in the first half of the financial year (July-December) and then again in the second half (January-June).

Module: A particular unit of a series. A module may consist of several sessions.

Session: A class in a series or module of a series.

Additional Trainings: May be offered as series or non-series. Are chosen based on local provider need and available funding. All have been approved for credit through the CCR&R training approval process.

To register for a training, visit the Iowa Child Care Provider Training Registry at <https://ccmis.dhs.state.ia.us/trainingregistry/> Want quick access? Scan the code below!



Course Catalog Key:

TRAINING LEVEL

B Beginning

I Intermediate

A Advanced

CONTENT AREA

1 Planning a safe, healthy environment to invite learning

2 Steps to advance children's physical and intellectual development

3 Positive ways to support children's social and emotional development

4 Strategies to establish productive relationships with families

5 Strategies to manage an effective program operation

6 Maintaining a commitment to professionalism

7 Observing and recording children's behavior

8 Principles of child development and learning

NAC APPROVAL

NAC Training is approved for National Administrator Credential renewal credit for Center Directors

\$ Cost of course



Course Offerings

KEY: **8** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

Allison Office, Covering Counties of: Bremer, Butler, Franklin, and Grundy

EC-PBIS Infant Toddler

1134 **NAC**

Target Audience: Center Directors and Staff, Practitioners of Infants and Toddlers

Early-Childhood Positive Interventions and Supports for Infants and Toddlers training offers participants research based information on promoting children's social emotional competence and preventing and addressing challenging behaviors. This module will address: building positive relationships with children and families; the importance of relationships for social emotional development of infants and toddlers; how behavior is a form of communication and the influence of culture. This module will address: building a positive social emotional climate; the importance of caregiving routines; designing the physical environment; strategies to build social emotional skills in infants and toddlers; and supporting families.

City	Location	Date	Time
Aplington	Aplington Public Library: 929 Parriott St.	W: Jan. 16, Feb. 27, Mar. 20, Apr. 17, & May 8	6:30 pm - 9:30 pm

B is for Bullying

B2 \$5

Target Audience: Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff

Bullying has an effect on children's ability to learn and enjoy their school and child care experience. Teachers and caregivers can address the problems by supporting young children from being bullied or victimized in early child care and school settings. Learn practical strategies that may be used to address the topic of bullying.

City	Location	Date	Time
Hampton	Franklin Co. ISUEO: 3 1st Ave. NW	W: Jan. 23	6:45 pm - 8:45 pm

Baby Sign

B28 \$5

Target Audience: Practitioners of Infants and Toddlers, Center Directors and Staff, Home Providers and Staff

Participants will learn how to communicate with young children through the use of sign language, understand the benefits of using sign language as a form of communication with young children, and understand the link between language development and use of sign language with children.

City	Location	Date	Time
Grundy Center	Grundy County Memorial Hospital : 201 E J Ave.	W: Feb. 20	6:45 pm - 8:45 pm

Inquiry Based Learning

B2 \$5

Target Audience: Program Administrators, Directors, Owners, Preschool Teachers, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

Inquiry based learning is one of the best ways to engage students in science and social studies content while also developing skills in math and literacy. Participants will learn what inquiry based learning is, what an inquiry based study is, the difference between themes and studies, and how to choose and implement great topics of study to enhance the learning and engagement of all students.

City	Location	Date	Time
Sumner	Community Memorial Hospital: 909 W 1st	Th: Feb. 28	6:45 pm - 8:45 pm

Medication Administration Skills Competency

BIA1 \$5

Target Audience: Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners, Preschool Teachers, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

This 2 hour professional development course is designed to address the principles and skills needed to administer medications to children. The course is specifically designed for personnel working in Iowa child care businesses. The course addresses the administration of oral medications, eye drops and ointments, ear drops, nasal drops and sprays, topical creams and ointments, nebulizer treatments and meter-dose inhalers. Participants must complete the Essentials for Medications in Child Care module prior to taking this course. This course includes a 1-hour skills competency evaluation to be completed within 30 days of taking the course. Please refer to the Medication Skills Competency Evaluation handout for additional information.

City	Location	Date	Time
Allison	Butler Co Mutual Ins Agency: 101 Cherry St.	W: Mar. 6	6:45 pm - 8:45 pm

Nurtured Heart Approach

B3 NAC \$10

Target Audience: Program Administrators, Directors, Owners, Preschool Teachers, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors

The Nurtured Heart Approach is a relationship-focused methodology-founded strategically on the 2 Stands - for helping children (and adults) build their inner Wealth and use their intensity in successful ways. The 3 Stands of the Nurtured Heart Approach helps children increase positive behaviors, teaches and helps children internalize positive values, helps children identify and cope with intense feelings, abide by boundaries and rules, and deal with consequences in a resilient manner.

City	Location	Date	Time
Grundy Center	Grundy County Memorial Hospital: 201 E J Ave.	Sat: Mar. 9	8:30 am - 3:00 pm

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY: **8** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

Mud Pie Moments

B2 **NAC** \$5

Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff

Participants will identify benefits of sensory experiences, listing them in one of the following areas: Cognitive, Language, Physical and Social/Emotional. Participants will list and dramatize activities for the sensory table. Participants will brainstorm ways to create sensory activities throughout the classroom/home.

City	Location	Date	Time
Allison	Butler Co Mutual Ins Agency: 101 Cherry St.	W: Apr. 3	6:30 pm - 8:30 pm

Linking Literacy with Food: Read, Learn, Eat!

BIA2 **NAC** \$5

Target Audience: Board Members, Center Directors and Staff, Center Employees, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Food Service Personnel, Home Providers and Staff, Parents and Families, Policy and Regulatory Staff, Practitioners of Children with Special Needs, Practitioners of Infants and Toddlers, Preschool Directors and Staff, Preschool Teachers, Program Administrators, Directors, Owners, School Age Care

Early reading and language development helps kids be “school ready” and greatly increases their chance for academic success. A great way to introduce literacy is to link reading to food! This class will share well-loved children’s books and food related activities to use with children. Learn new ways to connect with children as we explore literacy strategies to use with great books including: *Bread and Jam for Frances*, *Growing Vegetable Soup*, *Pancakes, Pancakes, No More Germs Please*, *Everyone Brings Noodles*, *Apples, Apples, Apples*, and *Everyone Cooks Rice*

City	Location	Date	Time
Allison	Butler Co Mutual Ins Agency: 101 Cherry St.	Th: Apr. 11	6:45 pm - 8:45 pm

Caring for Children with Allergies, Anaphylaxis, and Seizures

BIA1 \$5

Target Audience: Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers, School Age Care

Caring for children with special health needs can be concerning for providers. Increased knowledge, planning and skills helps to build confidence in being prepared to respond when emergent care is needed. This training will provide information and care planning on allergies, anaphylaxis and seizures in the child population.

City	Location	Date	Time
Readlyn	Readlyn Community Library: 309 Main St.	W: Apr. 24	6:45 pm - 8:45 pm

Words Can Build Us Up or Words Can Tear Us Down

B3\$5

Target Audience: Practitioners of Infants and Toddlers, Program

Administrators, Directors, Owners, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Policy and Regulatory Staff, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

We have the ability to influence positive social emotional growth and positive interactions with something as simple as the words we use and the way we use them. This training will consider the meaning of words, tone, inflection, and body language through daily interactions. The goal of this training is to promote positive relationships through conversational choices.

City	Location	Date	Time
Waverly	St. Paul's Lutheran Church and School: 301 1st St. NW	Th: May 2	6:30 pm - 9:00 pm

Decorah Office, Covering Counties of: Howard, Winneshiek, Allamakee, and Clayton

EC-PBIS Preschool

13 NAC

Target Audience: Preschool Teachers, Center Directors and Staff, Preschool Directors and Staff, Center Employees

Early-Childhood Positive Interventions and Supports Preschool training offers participants research based information on promoting children's social emotional competence and preventing and addressing challenging behaviors. This module will address: Building positive relationships with children, families, and colleagues; Designing environments, schedules, and routines; Establishing rules; Implementing activities that promote child engagement; Modifying and adapting materials and activities to meet the individual needs of all children, including those with disabilities; Providing encouragement and positive feedback to children.

City	Location	Date	Time
Decorah	Keystone AEA: 700 Ridgewood Dr.	Th: Jan 10, 17, 24, & W: Jan 30	6:00 pm - 9:00 pm

Medication Administration Skills Competency

BIA\$5

Target Audience: Center Directors and Staff, Center Employees,

Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers, School Age Care

This 2 hour professional development course is designed to address the principles and skills needed to administer medications to children. The course is specifically designed for personnel working in Iowa child care businesses. The course addresses the administration of oral medications, eye drops and ointments, ear drops, nasal drops and sprays, topical creams and ointments, nebulizer treatments and meter-dose inhalers. Participants must complete the Essentials for Medications in Child Care module prior to taking this course. This course includes a 1-hour skills competency evaluation to be completed within 30 days of taking the course. Please refer to the Medication Skills Competency Evaluation handout for additional information.

City	Location	Date	Time
Ossian	Ossian Community Center: 123 W Main St.	W: Feb. 6	6:30 pm - 8:30 pm

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY: **B** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

PITC of Iowa: Module 3: Learning and Development

B **2** **4** **7**

Target Audience: Center Directors and Staff, Center Employees, Home Providers and Staff, Practitioners of Infants and Toddlers

This module focuses on facilitation of infant's natural interests and urges to learn. This is done by providing infants with close and responsive relationships with caregivers; by designing safe, interesting and developmentally appropriate environments, by giving infants uninterrupted time to explore; and by interacting with infants in ways that emotionally and intellectually support their initiations in discovery and learning.

City	Location	Date	Time
Ossian	Ossian Community Center: 123 W Main St.	Sat: Feb. 9	8:30 am - 3:45 pm
Ossian	Ossian Community Center: 123 W Main St.	Sat: Feb. 23	8:30 am - 12:45 pm

Preschoolers and Pennies: Read, Talk, Learn and Play

B **2** \$5

Target Audience: Center Employees, Home Providers and Staff, Preschool Teachers

Explore a way to read with children that gives them an opportunity to become storytellers of books with a money theme. Learn how to introduce and reinforce money-related words and concepts throughout the day. Experience fun activities for preschoolers to practice money skills. Providers play an important role in promoting beneficial financial behaviors as many adult money habits are set by a very early age.

City	Location	Date	Time
Cresco	Cresco US Bank: 111 N Elm St.	T: Mar. 12	6:30 pm - 8:30 pm

Outdoor Explorations for Early Learners - Environmental Experiences for Early Childhood

B **2** \$10

Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers, School Age Care

The early childhood education program builds on children's sense of wonder. It provides an early foundation for developing positive impressions about nature and lifelong social and academic skills.

City	Location	Date	Time
Decorah	Valders Hall of Science Room 379 Luther College: 700 College Dr.	Sat: Mar. 16	8:30 am - 12:30 pm

Moving Beyond Heroes and Holidays: Creating a Rich Anti-bias Learning Environment in Early Childhood

134\$5

Target Audience: Board Members, Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Food Service Personnel, Home Providers and Staff, Parents and Families, Policy and Regulatory Staff, Practitioners of Children with Special Needs, Practitioners of Infants and Toddlers, Preschool Directors and Staff, Preschool Teachers, Program Administrators, Directors, Owners, School Age Care

Adults sometimes ask: “Aren’t prejudice, discrimination, and anti-bias adult issues? Why bring children into it?” In one sense, these are adult issues. Adults have the power to create, to teach, to maintain bias—and to eliminate it. But because the realities of prejudice and discrimination begin to affect children’s development early, it is appropriate to address these issues in our work with young children. This workshop helps participants explore and reflect on current practices. Practical guidance for confronting barriers of prejudice, misinformation, and bias will be shared. We will discuss specific aspects of personal and social identity and share tips for adults and children to promote respect for themselves, each other and all people.

City	Location	Date	Time
Luana	Luana Savings Bank: 100 Harvest Dr.	T: Mar. 19	6:30 pm - 8:30 pm

NAP SACC-R

BIA1 NAC

Target Audience: Center Directors and Staff, Food Service Personnel, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers

NAP SACC (Nutrition and Physical Activity Self Assessment in Child Care) is an obesity prevention initiative. This session will address eating healthy in the childcare setting; why is nutrition important, how can you provide healthy meals, introducing new foods, teaching children with nutrition, and helping children to establish healthy eating habits.

CACFP approved

City	Location	Date	Time
Decorah	Keystone AEA: 700 Ridgewood Dr.	W: Mar. 20	6:00 pm - 9:00 pm
Decorah	Keystone AEA: 700 Ridgewood Dr.	W: Mar. 27	6:00 pm - 8:00 pm

Gardening with Children

B1\$5

Target Audience: Center Directors and Staff, Home Providers and Staff, Practitioners of Infants and Toddlers, Preschool Teachers

Gardening promotes healthy lifestyles, early learning experiences, social development, and environmental stewardship among preschool children. Childcare providers will engage in experiential learning gardening activities (crafts, learning activities, literacy, container gardening basics, and taste testing).

City	Location	Date	Time
Decorah	Keystone AEA: 700 Ridgewood Dr.	T: Apr. 9	6:30 pm - 8:30 pm

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY: **B** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

Nature Explore: Moving to Learn

128\$5

Target Audience: Center Directors and Staff, Home Providers and Staff, Parents and Families, Preschool Directors and Staff, Preschool Teachers, Program Administrators, Directors, Owners, School Age Care

Children truly must move in order to learn well, and adults need practical strategies for developing purposeful movement experiences that work in indoor and outdoor settings.

City	Location	Date	Time
Calmar	NICC Child Development Center: 1625 Hwy 150	Sat: Apr. 13	8:30 am - 11:30 am

Nature Explore: The Arts and Nature

128\$5

Target Audience: Center Directors and Staff, Home Providers and Staff, Parents and Families, Preschool Directors and Staff, Preschool Teachers, Program Administrators, Directors, Owners, School Age Care

This workshop will help you discover how to help children express their knowledge and personal interpretation of the world in more meaningful ways. The Look-Move-Build-Sketch planning model is designed to help educators create multi-faceted art experiences. This approach encourages children to work in many modes, reminding both teachers and learners (especially those with sensory integration challenges) of the many ways to experience new ideas and concepts. The projects explored during this workshop are inspired by nature and serve as another way to help children make deeper connections with the natural world.

City	Location	Date	Time
Calmar	NICC Child Development Center: 1625 Hwy 150	Sat: Apr. 13	12:15 pm - 3:15 pm

I only want a peanut butter sandwich!

B38\$5

Target Audience: Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Food Service Personnel, Home Providers and Staff, Parents and Families, Preschool Directors and Staff, Preschool Teachers

Picky eating is a normal behavior among toddlers/children. Childcare providers will identify strategies to promote healthy eating habits, taste test new foods, and foster a pleasant mealtime experience for all.

City	Location	Date	Time
Cresco	C US Bank: 111 N Elm St.	T: Apr. 16	6:30 pm - 8:30 pm

Dubuque Office, Covering Counties of: Dubuque

Medication Administration Skills Competency

B I A 1 \$5

Target Audience: Center Directors and Staff, Center Employees, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers, School Age Care

This 2 hour professional development course is designed to address the principles and skills needed to administer medications to children. The course is specifically designed for personnel working in Iowa child care businesses. The course addresses the administration of oral medications, eye drops and ointments, ear drops, nasal drops and sprays, topical creams and ointments, nebulizer treatments and meter-dose inhalers. Participants must complete the Essentials for Medications in Child Care module prior to taking this course. This course includes a 1-hour skills competency evaluation to be completed within 30 days of taking the course. Please refer to the Medication Skills Competency Evaluation handout for additional information.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	Th: Feb. 21	6:30 pm - 8:30 pm

Adverse Childhood Experiences: Revealing the Facts and Creating a Response for Child Care Providers

B I A 8 \$5

Target Audience: Center Directors and Staff, Home Providers and Staff, Parents and Families, Preschool Directors and Staff

Adverse childhood experiences are more common than anyone would like to admit. The consequences of this reality influence child care providers and child care practice in many ways. Together we will examine the Adverse Childhood Experiences (ACES) study, how trauma impacts brain development, and create a response to ACES with tools that any child care provider can incorporate into their program.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	T: Mar. 12	6:30 pm - 8:30 pm

Boys Will Be Boys




B 238 NAC \$10

Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff

Boys develop differently than girls, so understanding and recognizing the differences can help us to better meet the needs and learning styles of boys in our care and classrooms.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	Sat: Mar. 23	8:00 am - 12:00 pm

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY:  Content Level  NAC approved  Indicates first letter of training level: Beginning, Intermediate, Advanced

Preschoolers and Pennies: Read, Talk, Learn and Play

  \$5

Target Audience: Center Employees, Home Providers and Staff,
Preschool Teachers

Explore a way to read with children that gives them an opportunity to become storytellers of books with a money theme. Learn how to introduce and reinforce money-related words and concepts throughout the day. Experience fun activities for preschoolers to practice money skills. Providers play an important role in promoting beneficial financial behaviors as many adult money habits are set by a very early age.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	T: Apr. 9	6:30 pm - 8:30 pm

Inquiry Based Learning

  \$5

Target Audience: Program Administrators, Directors, Owners, Preschool Teachers, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

Inquiry based learning is one of the best ways to engage students in science and social studies content while also developing skills in math and literacy. Participants will learn what inquiry based learning is, what an inquiry based study is, the difference between themes and studies, and how to choose and implement great topics of study to enhance the learning and engagement of all students.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	Sat: Apr. 13	9:00 am - 11:00 am

Discovery Centers: Math & Science in Early Childhood

  \$5

Target Audience: Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners, Preschool Teachers, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

This training focuses on creating a high quality learning environment where children can learn through hands on exploration and play in the areas of math and science. Discover the purpose behind interest areas and gather new ideas to implement in your math and science centers.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	Sat: Apr. 13	11:30 am - 1:30 pm

Let's Get Talking: Critical Conversations in Early Childhood

B 2 3 \$5

Target Audience: Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

Teachers and childcare providers will develop a deeper understanding of the importance of relationships in early childhood while developing strategies to support growth and development in the areas of communication and positive adult and peer relations.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	Sat: Apr. 13	1:45 pm - 3:45 pm

EC-PBIS Preschool

1 3 NAC

Target Audience: Preschool Teachers, Center Directors and Staff, Preschool Directors and Staff, Center Employees

Early-Childhood Positive Interventions and Supports Preschool training offers participants research based information on promoting children's social emotional competence and preventing and addressing challenging behaviors. This module will address: Building positive relationships with children, families, and colleagues; Designing environments, schedules, and routines; Establishing rules; Implementing activities that promote child engagement; Modifying and adapting materials and activities to meet the individual needs of all children, including those with disabilities; Providing encouragement and positive feedback to children.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	T: Apr. 30 - May 21	6:00 pm - 9:00 pm

Implementing Tobacco and Nicotine Free Childcare Facilities

B 1 5 \$5

Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

This training will review the dangers of tobacco use, secondhand and thirdhand smoke as well as review the Smokefree Air Act. This training will provide participants the knowledge and tools to implement their own tobacco and nicotine free policy in their own center/home as well as educate them on the importance of doing so.

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	Th: May 16	6:30 pm - 8:30 pm

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY: **8** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

NAP SACC-R

B I A 1 NAC

Target Audience: Center Directors and Staff, Food Service Personnel, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers

NAP SACC (Nutrition and Physical Activity Self Assessment in Child Care) is an obesity prevention initiative. This session will address eating healthy in the childcare setting; why is nutrition important, how can you provide healthy meals, introducing new foods, teaching children with nutrition, and helping children to establish healthy eating habits.

CACFP approved

City	Location	Date	Time
Dubuque	Keystone AEA: 2310 Chaney Rd	Sat: June 8	9:00 am - 3:00 pm

Independence Office, Covering Counties of: Buchanan, Delaware, and Fayette

Early Childhood Environment Rating Scale-3 (ECERS-3)

1 6 NAC \$ 10

Target Audience: Program Administrators, Directors, Owners, Preschool Teachers, Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors

This series is intended for administrators and staff of preschool programs and preschool age (ages 3-5) classrooms in child care center settings. In this 4-part series, participants will learn about the ECERS-3 and how to use it for self assessment. Participants will evaluate their own program and begin to create an action plan to make quality changes in their child care environment.

City	Location	Date	Time
Independence	Kidsville: 1009 1st St. W	M: Feb. 25 - Mar. 18	6:30 pm - 8:30 pm

Discovery Centers: Math & Science in Early Childhood

B 2 \$ 5

Target Audience: Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners, Preschool Teachers, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

This training focuses on creating a high quality learning environment where children can learn through hands on exploration and play in the areas of math and science. Discover the purpose behind interest areas and gather new ideas to implement in your math and science centers.

City	Location	Date	Time
Fayette	Fayette Co ISU Extension: 218 S Main St.	Th: Mar. 21	6:30 pm - 8:30 pm

NAP SACC-R



Target Audience: Center Directors and Staff, Food Service Personnel, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers

NAP SACC (Nutrition and Physical Activity Self Assessment in Child Care) is an obesity prevention initiative. This session will address eating healthy in the childcare setting; why is nutrition important, how can you provide healthy meals, introducing new foods, teaching children with nutrition, and helping children to establish healthy eating habits.

City	Location	Date	Time
Independence	East Elementary: 1103 1st St. W	Sat: Apr. 13	9:00 am - 2:30 pm

Implementing Tobacco and Nicotine Free Childcare Facilities



Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

This training will review the dangers of tobacco use, secondhand and thirdhand smoke as well as review the Smokefree Air Act. This training will provide participants the knowledge and tools to implement their own tobacco and nicotine free policy in their own center/home as well as educate them on the importance of doing so.

City	Location	Date	Time
Manchester	Delaware Co ISU Extension: 1417 N Franklin	W: Apr. 24	6:30 pm - 8:30 pm

Flora, Fauna, and Family Engagement



Target Audience: Center Directors and Staff, Center Employees, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Practitioners of Children with Special Needs, Practitioners of Infants and Toddlers, Preschool Directors and Staff, Preschool Teachers, Program Administrators, Directors, Owners

Research highlights the positive outcomes for children when early childhood professionals and their programs engage more collaboratively with families. Learn how you can combine the increased emphasis on outdoor nature-based play experiences for children with family engagement. Explore what it means to engage families, discover new outdoor nature-based play resources, and create an action plan that builds upon high quality child care best practices.

City	Location	Date	Time
Independence	Heartland Acres Agribition Center: 2600 Swan Lake Blvd	M: Apr. 29	6:30 pm - 8:30 pm

KEY: **8** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

Mason City Office, Covering Counties of: Cerro Gordo, Hancock, and Worth

Medication Administration Skills Competency

BIA1\$5

Target Audience: Center Directors and Staff, Center Employees, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers, School Age Care

This 2 hour professional development course is designed to address the principles and skills needed to administer medications to children. The course is specifically designed for personnel working in Iowa child care businesses. The course addresses the administration of oral medications, eye drops and ointments, ear drops, nasal drops and sprays, topical creams and ointments, nebulizer treatments and meter-dose inhalers. Participants must complete the Essentials for Medications in Child Care module prior to taking this course. This course includes a 1-hour skills competency evaluation to be completed within 30 days of taking the course. Please refer to the Medication Skills Competency Evaluation handout for additional information.

City	Location	Date	Time
Clear Lake	Central Rivers AEA: 9184 265th St. Suite B	T: Feb. 5	6:30 pm - 8:30 pm

Implementing Tobacco and Nicotine Free Childcare Facilities

B15\$5

Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

This training will review the dangers of tobacco use, secondhand and thirdhand smoke as well as review the Smokefree Air Act. This training will provide participants the knowledge and tools to implement their own tobacco and nicotine free policy in their own center/home as well as educate them on the importance of doing so.

City	Location	Date	Time
Clear Lake	Central Rivers AEA: 9184 265th St. Suite B	T: Feb. 12	6:30 pm - 8:30 pm

Save the Date: Regional CPR/First Aid Dates! If you need to take CPR/First Aid and are struggling to find a class, we have a solution for you! You may take the class at your local area office or find a date that will work for you! These classes are first come, first serve, so please sign up to reserve your spot. **Please contact the local office listed for location and payment information!**

Waterloo, Kim Tiedt, 319-433-7789
January 15, 2019 from 6:00 pm - 9:00 pm

Ossian, Julie Munkel, 563-382-4447
March 28, 2019 from 6:00 pm - 9:00 pm

New Hampton, Carrie Jones, 641-394-4854
May 2, 2019 from 6:00 pm - 9:00 pm

Independence, Lisa Wood, 319-334-5900
March 30, 2018 from 8:00 am - 11:00 pm

Allison, Sherri Pavelec, 319-267-2644
February 23, 2019 from 8:00 am - 11:00 am

Dubuque, Stephanie Van Groll, 563-557-1628
April 6, 2019 from 9:00 am - 12:00 pm

PITC of Iowa: Module 4: Culture, Family and Providers

B 4

Target Audience: Practitioners of Infants and Toddlers, Center Directors and Staff, Parents and Families, Center Employees

Since the family is the most important influence and support in a child's life it is so important for the child care provider and the family to make decisions together. Just as important is the fact that an infant is developing a sense of who they are, where they come from, and how they are valued. Recognizing and respecting the cultural beliefs that are a part of that identity formation is absolutely crucial. Communicating in an infant's home language is also important. Module IV helps providers recognize their own cultural perspectives, the feelings associated with those, how to negotiate with families when there are differences, and creating program policies which reflect partnerships with parents.

City	Location	Date	Time
Clear Lake	Central Rivers AEA: 9184 265th St. Suite B	Sat: Mar. 2	8:30 am - 3:45 pm
Clear Lake	Central Rivers AEA: 9184 265th St. Suite B	Sat: Mar. 16	8:30 am - 12:45 pm

Biting, Pinching, Spitting, and Hitting: Aggression and Language Development

B 3 \$5

Target Audience: Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Practitioners of Children with Special Needs, Practitioners of Infants and Toddlers

Physical aggression can be challenging for a child care provider. It can also be extremely frustrating for the child. This class focuses on how to use language development knowledge to curb aggressive behaviors.

City	Location	Date	Time
Clear Lake	Central Rivers AEA: 9184 265th St. Suite B	Th: Mar. 21	6:30 pm - 8:30 pm

Eco Healthy Child Care: Harmful Plastics

B 1 \$5

Target Audience: Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners, Preschool Teachers, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Food Service Personnel, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors

Providers will learn why plastics are harmful, which ones are safe and alternatives to plastics.

City	Location	Date	Time
Clear Lake	Central Rivers AEA: 9184 265th St. Suite B	T: Apr. 2	6:30 pm - 9:00 pm



Community Events?

Does your community have local events being scheduled for the summer? Don't forget to contact Iowa CCR&R to attend! We have valuable information to help educate communities on the need for quality child care and for parents to learn how to set priorities for selecting providers.

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY: **8** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

Implementing Tobacco and Nicotine Free Childcare Facilities

B15\$5

Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

This training will review the dangers of tobacco use, secondhand and thirdhand smoke as well as review the Smokefree Air Act. This training will provide participants the knowledge and tools to implement their own tobacco and nicotine free policy in their own center/home as well as educate them on the importance of doing so.

City	Location	Date	Time
Garner	Garner Education Center: 325 W 8th St.	Th: Apr. 11	6:30 pm - 8:30 pm

Back to Sleep-Tummy to Play: Reducing the Risk of SIDS While Promoting Active Tummy Time

B1 **NAC** \$5

Target Audience: Center Directors and Staff, Home Providers and Staff, Parents and Families, Practitioners of Infants and Toddlers

This course was developed by the director of the Iowa SIDS Foundation. This course presents research to understand SIDS, recommendations for safe sleep, the provider's role in the safe sleep environment, and guidance for the importance of tummy time when infants are awake.

City	Location	Date	Time
Clear Lake	Central Rivers AEA: 9184 265th St. Suite B	T: Apr. 16	6:30 pm - 8:30 pm

Caring for Children with Allergies, Anaphylaxis, and Seizures

BIA1\$5

Target Audience: Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers, School Age Care

Participants will learn how to use effective communication, organization and reliable business records to achieve the professional respect they deserve from clients. While working with active documents providers will learn what is in a contract, a policy and why they must be kept separate. Reducing risks through insurance, enrolling families, the interview process and the importance of parent surveys will also be discussed during this training.

City	Location	Date	Time
Clear Lake	Central Rivers AEA: 9184 265th St. Suite B	T: Apr. 23	6:30 pm - 8:30 pm

New Hampton Office, Covering Counties of: Floyd, Mitchell, and Chickasaw

ChildNet 2.0

Target Audience: Home Providers and Staff

B 1 2 3 4 5 6 8

This foundational series lays the foundation for operating a child care business in your home. Participants will study practices relevant to early childhood care and education and small business practice. The series consists of 10 sessions for a total of 25 training hours. Must attend all 10 sessions. ChildNet certification is part of Level 2 of Iowa's Quality Rating System.

City	Location	Date	Time
Charles City	Charles City Public Library: 106 Milwaukee Mall	Sat: Jan. 12, 26, Feb. 9, 23, & Mar. 9	9:00 am - 2:30 pm

Infant Feeding 101

Target Audience: Center Directors and Staff, Center Employees,

Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Food Service Personnel, Home Providers and Staff, Parents and Families, Policy and Regulatory Staff, Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners

B 1 \$5

Child care providers will learn proper food safety and infant feeding regulation practices for breast- and formula-fed infants. They will learn how they can support the health and well-being of both breast- and formula-fed infants and their families.

City	Location	Date	Time
Charles City	Floyd Co ISUEO: 112 N Main St.	T: Jan. 22	6:30 pm - 8:30 pm

Implementing Tobacco and Nicotine Free Childcare Facilities

Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers,

Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

B 1 5 \$5

This training will review the dangers of tobacco use, secondhand and thirdhand smoke as well as review the Smokefree Air Act. This training will provide participants the knowledge and tools to implement their own tobacco and nicotine free policy in their own center/home as well as educate them on the importance of doing so.

City	Location	Date	Time
Osage	Osage Police Department: 432 Main St.	Th: Mar. 7	6:30 pm - 8:30 pm

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY: **8** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

Quality School Age Care (Q-SAC)

B 1 2 3 4 5 6 7 8 **NAC**

Target Audience: Home and Center Providers working with School Age children

This training series is intended to help orient new school-age care staff and supervisors or provide a refresher for more experienced practitioners. The curriculum is based on best practices outlined by the National Afterschool Association (NAA). Completion of this series will fulfill ten contact hours of training.

City	Location	Date	Time
Osage	Osage Police Department: 432 Main St.	Th: Apr. 11 - May 9	6:30 pm - 8:30 pm

Waterloo Office, Covering Counties of: Black Hawk

Notching Up the Nurtured Heart Approach-Year 2

1 **3** **NAC** \$5

Target Audience: Program Administrators, Directors, Owners, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Policy and Regulatory Staff, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Parents and Families, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

Feeling like you could broaden the use of the Nurtured Heart Approach or finding yourself challenged by really challenging moments? Notching-Up the Nurtured Heart Approach is a 4-hour experiential class designed to review and practice targeting the 3 Stands of NHA. Focus of this training will be on seeing the truth in challenging moments and when to appreciate versus reset a child back to their greatness!

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	Sat: Jan. 19	9:00 am - 1:00 pm

EC-PBIS for Family Child Care

B **6** \$15

Target Audience: Home Providers and Staff

Early Childhood Iowa Positive Behavioral Interventions and Supports for Family Child Care Providers series focuses on the social and emotional wellness of children in family child care settings. Participants will explore issues of challenging behavior, possible causes and solutions.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	T: Jan. 22 - Mar. 12	6:30 pm - 9:00 pm

Essentials Child Care Preservice Series



Target Audience: Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors

Providing a welcoming, inclusive environment and meeting the basic health and safety needs of young children can be a challenge. The Essentials Child Care Preservice Series provides helpful answers to many questions about creating a safe environment, preparing for an emergency, transporting children, preventing and controlling infectious diseases, handling and storing hazardous materials, giving medication, managing food allergies, creating a safe sleep environment for infants, preventing shaken baby syndrome, supporting cultural diversity and understanding homelessness.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	M & W: Feb. 4, 6, 11, & 13	6:30 pm - 9:30 pm

ChildNet 2.0



Target Audience: Home Providers and Staff

This foundational series lays the foundation for operating a child care business in your home. Participants will study practices relevant to early childhood care and education and small business practice. The series consists of 10 sessions for a total of 25 training hours. Must attend all 10 sessions. ChildNet certification is part of Level 2 of Iowa's Quality Rating System.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	Sat: Feb. 16, Mar. 2, 16, 30, & Apr. 13	9:00 am - 2:30 pm

How Can Someone Use the Photo I Posted on Social Media - It's in the fine Print



Target Audience: Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Program Administrators, Directors, Owners

Photos are especially fun to share on social media and once they are posted anyone can have access to share or use them again. Wait! Did you just say anyone can use the photos I posted online? During this session participants will discuss who has the right to use the photos their child care program posts on social media, explore privacy settings, and learn how to make your child care photos less desirable to those that should not have them.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	W: Feb. 20	6:30 pm - 8:00 pm

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY: **8** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

Medication Administration Skills Competency

B I A 1 \$5

Target Audience: Center Directors and Staff, Center Employees, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers, School Age Care

This 2 hour professional development course is designed to address the principles and skills needed to administer medications to children. The course is specifically designed for personnel working in Iowa child care businesses. The course addresses the administration of oral medications, eye drops and ointments, ear drops, nasal drops and sprays, topical creams and ointments, nebulizer treatments and meter-dose inhalers. Participants must complete the Essentials for Medications in Child Care module prior to taking this course. This course includes a 1-hour skills competency evaluation to be completed within 30 days of taking the course. Please refer to the Medication Skills Competency Evaluation handout for additional information.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	Th: Feb. 28	6:30 pm - 8:30 pm

Implementing Tobacco and Nicotine Free Childcare Facilities

B 1 5 \$5

Target Audience: Practitioners of Infants and Toddlers, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

This training will review the dangers of tobacco use, secondhand and thirdhand smoke as well as review the Smokefree Air Act. This training will provide participants the knowledge and tools to implement their own tobacco and nicotine free policy in their own center/home as well as educate them on the importance of doing so.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	M: Mar. 11	6:30 pm - 8:30 pm

Quality School Age Care

B 1 2 3 4 5 6 7 8 **NAC**

Target Audience: Home and Center Providers working with School Age children

This training series is intended to help orient new school-age care staff and supervisors or provide a refresher for more experienced practitioners. The curriculum is based on best practices outlined by the National Afterschool Association (NAA). Completion of this series will fulfill ten contact hours of training.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	T: Apr. 2 - 30	6:30 pm - 8:30 pm

Moving Beyond Heroes and Holidays: Creating a Rich Anti-bias Learning Environment in Early Childhood

134\$5

Target Audience: Board Members, Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Food Service Personnel, Home Providers and Staff, Parents and Families, Policy and Regulatory Staff, Practitioners of Children with Special Needs, Practitioners of Infants and Toddlers, Preschool Directors and Staff, Preschool Teachers, Program Administrators, Directors, Owners, School Age Care

Adults sometimes ask: “Aren’t prejudice, discrimination, and anti-bias adult issues? Why bring children into it?” In one sense, these are adult issues. Adults have the power to create, to teach, to maintain bias—and to eliminate it. But because the realities of prejudice and discrimination begin to affect children’s development early, it is appropriate to address these issues in our work with young children. This workshop helps participants explore and reflect on current practices. Practical guidance for confronting barriers of prejudice, misinformation, and bias will be shared. We will discuss specific aspects of personal and social identity and share tips for adults and children to promote respect for themselves, each other and all people.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	Th: Apr. 4	6:30 pm - 8:30 pm

IA PITC Module V: Beginning Together, Caring for Infants and Toddlers with Special Needs

1247NAC

Target Audience: Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners, Center Directors and Staff, Home Providers and Staff

PITC (The Program for Infant Toddler Caregivers) Module 5, Beginning Together: Caring for Infants and Toddlers with Disabilities and Special Needs in Inclusive Settings is designed to assist child care providers who have infants and toddlers with disabilities and other special needs in their care.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	W: Apr. 10 - May 8	6:30 pm - 8:30 pm

On the Grow! Under the Sea!

B234\$5

Target Audience: Practitioners of Infants and Toddlers, Center Directors and Staff, Home Providers and Staff, Center Employees

Learn simple signs for animals under the sea through fun songs, games, and activities. This training will also provide you with tips and strategies to help teach self control. Join us for a “WHALE” of a good time!

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	Th: Apr. 18	6:30 pm - 8:30 pm

Register Online at <https://ccmis.dhs.state.ia.us/trainingregistry/>

KEY: **B** Content Level **NAC** NAC approved **A** Indicates first letter of training level: Beginning, Intermediate, Advanced

Caring for Children with Allergies, Anaphylaxis, and Seizures

B I A 1 \$5

Target Audience: Center Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Preschool Directors and Staff, Preschool Teachers, School Age Care

Caring for children with special health needs can be concerning for providers. Increased knowledge, planning and skills helps to build confidence in being prepared to respond when emergent care is needed. This training will provide information and care planning on allergies, anaphylaxis and seizures in the child population.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	T: May 7	6:30 pm - 8:30 pm

Let's Get Talking: Critical Conversations in Early Childhood

B 2 3 \$5

Target Audience: Practitioners of Infants and Toddlers, Program Administrators, Directors, Owners, Preschool Teachers, Practitioners of Children with Special Needs, School Age Care, Center Directors and Staff, Home Providers and Staff, Preschool Directors and Staff, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Center Employees

Teachers and childcare providers will develop a deeper understanding of the importance of relationships in early childhood while developing strategies to support growth and development in the areas of communication and positive adult and peer relations.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	T: June 4	6:30 pm - 8:30 pm

Flora, Fauna, and Family Engagement

B 4 NAC \$5

Target Audience: Center Directors and Staff, Center Employees, Center/Preschool/Head Start Directors/Program Administrators/Assistant Directors, Home Providers and Staff, Practitioners of Children with Special Needs, Practitioners of Infants and Toddlers, Preschool Directors and Staff, Preschool Teachers, Program Administrators, Directors, Owners

Research highlights the positive outcomes for children when early childhood professionals and their programs engage more collaboratively with families. Learn how you can combine the increased emphasis on outdoor nature-based play experiences for children with family engagement. Explore what it means to engage families, discover new outdoor nature-based play resources, and create an action plan that builds upon high quality child care best practices.

City	Location	Date	Time
Waterloo	EPI Deery Center: 3675 University Ave.	June - Check Training Registry for date	6:30 pm - 8:30 pm

Save the Date! Prairie Rivers Early Childhood Symposium

Saturday, April 6, 2019

9:00 am - 3:30 pm

Deery Center: 3675 University Ave. | Waterloo, Iowa

Cost is \$15

6 hours of Love & Logic Training:

Handling Misbehavior Without Breaking a Sweat

Avoiding Power Struggles/Love & Logic Early Childhood Made Fun!

Limits Create Happier Adults, Happier Kids & Happier Families/ Love & Logic Early Childhood Made Fun!

Sign up on the Registry as Prairie Rivers Early Childhood Symposium 2019

Save the Date! Super Saturday Training

Saturday, March 23, 2019 - snow date of March 30

8:00 am - 3:00 pm

Borlaug Learning Center: 3327 290th St. | Nashua, Iowa

Cost is \$15

Topics of the Day: Trained by ISU Extension and Outreach staff, MacKenzie Johnson and Cindy Thompson

Toys As Learning Tools: Making the Most of What You've Got

Eliminating the Barriers of Difficult Interactions with Parents Through Professionalism

Ages and Stages: Planning and Promoting for Individual Interactions

Lunch will be provided. There will also be a vendor fair during the lunch break.

Save the Date! Spring Director's Symposium 2019

Friday, April 12, 2019

9:00 am - 3:00 pm

T-Bock's Sports Bar & Grill 206 W. Water St. | Decorah, IA

Topics of the Day:

Elly Lensch will present: Four C's – Tools for Talking: Crucial Conversations in Child Care.

The Crucial Conversation is one that has these three requirements: strong emotions, high stakes, and opposing opinions. The goal of this session is to get people to improve relationships by staying in dialogue when tensions rise. It keeps facts and purpose at the center of the discussion. This course will introduce a number of tools to help people not only prepare for a crucial conversation, but master them with practice and maintain relationships in the process.

Andy Johnsrud will present: Empathy, Empathy, Empathy....Especially When It Doesn't Feel Natural. This engaging and practical session will present self-care as a practice of developing & practicing mindful and intentional empathy for self. We will examine how adult intentions can affect kids in ways that many people don't consider in working with our kids. You will leave this session with a smile and practical skills to develop empathy AND limits to form the bedrock of healthy relationships.

This will provide 5 hours of NAC approved training. Lunch will be provided.



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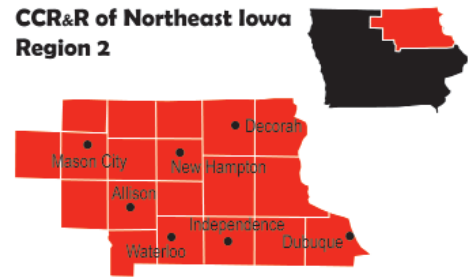
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