

Fall 2022 Training Descriptions

Sign up for each training on the I-PoWeR Training Registry



JULY

Date	Name of Training	Time	Location	Description	FACE TO FACE OR VIRTUAL
7/28/2022	Foundations 1 Intercultural Sensitivity	6:30-8:30 PM	ONLINE	Participants will define diversity and culture, learn about the Iceberg Model of Diversity & D.I.E. module, as well as have an opportunity to practice this skill through a class activity.	VIRTUAL
7/30/2022	Nature Explore: Learning with Nature Using Your Outdoor Classroom	9:00-4:00 PM (with 1 hour lunch on your own)	Cedar Valley Preschool and Child Care 724 Lantz Ave. Cedar Falls, IA 50613	<p>Learning with Nature -This interactive workshop emphasizes the need for children to have consistent time outdoors with an interested, caring adult. The group discusses some of the common barriers to preschool and elementary children's ability to create positive connections with the natural world and what parents and educators can do to counteract them. Discover engaging and practical hands-on ideas that can be infused throughout all areas of the curriculum to support the nature-child connection. This workshop will also provide a multitude of resource ideas to help you incorporate nature into both outdoor and indoor classrooms.</p> <p>Using Your Outdoor Classroom - Through fun and engaging hands-on experiences, you will gain techniques for using outdoor classrooms as an integral part of preschool and elementary children's daily learning. Discover how well-designed outdoor spaces facilitate children's overall development in traditional academic areas, strengthen specific skills, and aid social-emotional growth. Explore a variety of motivating strategies for facilitating and assessing student learning in outdoor classrooms, and reaching a variety of interests and need (NAC approved) (\$40 fee – details TBA)</p>	FACE TO FACE

AUGUST

Date	Name of Training	Time	Location	Description	FACE TO FACE OR VIRTUAL
8/9/2022	Food Safety Escape Challenge	6:30-8:30 PM	Security Mutual Insurance 101 Cherry St. Allison	Keep children safe – practice basic food safety! This session will review the 4 FightBac! messages – separate, clean, cook and chill. Participants will be actively engaged in a series of 'escape room' activities. To successfully 'escape' food safety risks, participants will need to appropriately respond to 9 different food safety activities. (IQ4K approved)	FACE TO FACE
8/10/2022	Find Yes in Difficult & Challenging Behaviors	6:30-8:30 PM	ONLINE	Join this interactive session to gain understanding and skills to be more effective and kind in challenging situations. We will frame challenging situations with some basics about how human brains work (and when they don't!) Participants will identify and discuss how and why basic limits and boundaries are vital for children's development. Participants will learn practical skills to provide these limits in really loving, caring ways (NAC approved)	VIRTUAL
				August Continued to NEXT Page...	

8/12/2022	CUCCC/CCR&R Mini Conference: Avoiding Power Struggles Love & Logic Early Childhood Made Fun! Handling Misbehavior Without Breaking a Sweat	8:30-10:30AM 10:30-12:30PM	Orchard Hill Church 3900 Orchard Hill Dr. Cedar Falls	<p>Handling Misbehavior Without Breaking a Sweat/Love and Logic Early Childhood Made Fun!</p> <p>Description: Explore how adults put an end to childhood whining and arguing in very caring ways. Examine empathy as the key for successful, healthy relationships between childcare professionals and the children with whom they work.</p> <p>Avoiding Power Struggles Love and Logic Early Childhood Made Fun!</p> <p>Description: This training provides proven tips and techniques for avoiding power struggles AND ways to exercise really healthy control in work with children. We will also look into the basis for respect and how we can raise kids who resist peer pressure and temptation through self-control.</p> <p>(NAC APPROVED) **** CONTACT MELLINA WRAGE TO REGISTER - Mellina.Wrage@episervice.org</p>	FACE TO FACE
8/15/2022	Drums Alive	6:30-8:30 PM	Deery Center 3675 University Ave. Waterloo	Participants will learn the importance of music and rhythms and how they connect with all areas of learning. (NAC approved)	FACE TO FACE
8/16/2022	Childnet 3.0 (Series 8/16-10/18)	6:30-7:30 PM	ONLINE	ChildNet 3.0 is 25 hours of interactive, applicable and supportive professional education provided through live online or classroom delivery. Intended participants are Child Development Home providers who care for children while owning and operating a child care business in their home. These business owners have unique needs as their environment is shared between family and home space. Through this series, strategies will be shared on how to optimize time, space and resources to ensure best child care practices are being implemented. Additionally, an optional coaching component is offered to support new skills and procedures as providers strive for quality by obtaining ChildNet Certification. (IQ4K approved)	VIRTUAL
8/17/2022	Teachable Moments	6:30-8:30 PM	ONLINE	What are teachable moments? Learn how to identify and take advantage of them in order to maximize your teaching. (NAC approved)	VIRTUAL
8/18/2022	Early Childhood Environment Rating Scale-3 (ECERS-3) (Series 8/18/-9/8)	6:30-8:30 PM	ONLINE	This series is intended for administrators and staff of preschool programs and preschool age (ages 3-5) classrooms in child care center settings. In this 4-part series, participants will learn about the ECERS-3 and how to use it for self assessment. Participants will evaluate their own program and begin to create an action plan to make quality changes in their child care environment. (NAC approved)(IQ4K approved)	VIRTUAL
8/31/2022	Foundations for Understanding Trauma	9 A.M-3:30 P.M	Manchester United Methodist Church 413 E Butler ST. Manchester	<p>This training provides an overview of trauma and trauma informed care within the early childhood and school-age fields. The objectives include:</p> <ul style="list-style-type: none"> • Identify causes and levels of stress and trauma of children • Evaluate our own thinking about children and the causes of their behavior • Analyze how trauma leads to social, emotional and cognitive impairment • Describe how children and adults can build resilience • Recognize the brain science to support the building of resilience • Discover techniques to build resilience (NAC APPROVED) (IQ4K approved) 	FACE TO FACE

SEPTEMBER

Date	Name of Training	Time	Location	Description	FACE TO FACE OR VIRTUAL
9/7/2022	Autism Spectrum Disorder 2022	6:30-8:30 PM	ONLINE	A 2 hour webinar on autism, including information on how to promote social communication and manage challenging behavior. Participants will be able to describe symptoms of autism and understand their role in identifying concerns. Participants will be able to name 3 strategies used to promote an autistic child's communication and social development. Participants will be able to identify 3 tools for managing challenging behavior sometimes demonstrated by children with autism.	VIRTUAL
9/8/2022	EC PBIS for Family Child Care (Mod. 1 - 9/8, 9/15, 9/22, 9/29) (Mod 2 - 10/13, 10/20, 10/27, 11/3)	6:00-8:30 PM	ONLINE	Early Childhood Iowa Positive Behavioral Interventions and Supports for Family Child Care Providers series focuses on the social and emotional wellness of children in family child care settings. Participants will explore issues of challenging behavior, possible causes and solutions. (IQ4K approved)	VIRTUAL
9/8/2022	Childnet 3.0 (Series 9/8-11/10)	6:30-9 PM	Deery Center 3675 University Ave. Waterloo	ChildNet 3.0 is 25 hours of interactive, applicable and supportive professional education provided through live online or classroom delivery. Intended participants are Child Development Home providers who care for children while owning and operating a child care business in their home. These business owners have unique needs as their environment is shared between family and home space. Through this series, strategies will be shared on how to optimize time, space and resources to ensure best child care practices are being implemented. Additionally, an optional coaching component is offered to support new skills and procedures as providers strive for quality by obtaining ChildNet Certification. (IQ4K approved)	FACE TO FACE
9/10/2022 & 9/24/2022	PITC Module 1: Social-Emotional Growth and Socialization	Sept 10: 8:30-3:45 PM Sept. 24: 8:30-12:45 PM	Security Mutual Insurance 101 Cherry St. Allison	All children need safe and secure care that supports their developing self-knowledge, self-control, self-esteem and respect for the feelings and rights of others. Healthy social-emotional development is the foundation for all other learning and is built through the nurturing relationships with the important adults in their lives. (IQ4K approved)	FACE TO FACE
9/12/2022	EC PBIS for Infants and Toddlers (Revised) Modules 1 & 2) (Series 9/12-10/10)	6:00-9 PM	Ossian Community Center 123 W Main St. Ossian	Participants will explore the role of relationships, responsive environments, and teaching strategies that support the social and emotional development of infants and toddlers in Child Care Centers. (NAC approved)(IQ4K approved)	FACE TO FACE
9/13/2022	Milestones Matter! Learn the Signs. Act Early. In Early Childhood Settings	6:30-9:00 PM	Central Rivers AEA 9184 265th St. Clear Lake	1 in 6 or 15% of children aged 3-17 years have one or more developmental disabilities. Research tells us that evidenced-based investments, such as early intervention services, provide the best outcomes for children when they are identified and linked with these services as early as possible. Therefore, there is a need for both increased and improved developmental monitoring, screening, and evaluation to identify children before they age out of early intervention (0-5 years of age.) Early childhood education and home based care settings across the country have utilized the free Learn the Signs. Act Early. resources to engage families in their child's development help them track their child's developmental milestones, and guide them if they ever have concerns about how their child is developing. The training will include educational information and relevant hands-on activities to learn how early childhood settings have creatively imbedded and utilized the resources for children and their families.	FACE TO FACE
9/13/2022	Food Safety Escape Challenge	6:30-8:30 PM	Deery Center 3675 University Ave. Waterloo	Keep children safe – practice basic food safety! This session will review the 4 FightBac! messages – separate, clean, cook and chill. Participants will be actively engaged in a series of 'escape room' activities. To successfully 'escape' food safety risks, participants will need to appropriately respond to 9 different food safety activities. (IQ4K approved)	FACE TO FACE
9/13/2022	Back to Sleep – Tummy to Play, Reducing the Risk of SIDS & Promoting Active Tummy Time (Revised)	6:30-8:30 PM	Osage Police Dept, 432 Main St. Osage.	This course was developed by the director of the Iowa SIDS Foundation. This course presents research to understand SIDS, recommendations for safe sleep, the provider's role in the safe sleep environment, and guidance for the importance of tummy time when infants are awake. (NAC approved)	FACE TO FACE

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September Continued

9/14/2022	Back to Sleep – Tummy to Play, Reducing the Risk of SIDS & Promoting Active Tummy Time (Revised)	6:30-8:30 PM	Ossian Community Center 123 W. Main St. Ossian	This course was developed by the director of the Iowa SIDS Foundation. This course presents research to understand SIDS, recommendations for safe sleep, the provider's role in the safe sleep environment, and guidance for the importance of tummy time when infants are awake. (NAC approved)	FACE TO FACE
9/14/2022	Virtual Statewide: Observation and Assessment to Guide Planning	6:30-8:30 PM	ONLINE	Meaningful observation notes help us to address the needs of individual children, plan for group activities and ensure that the experiences we offer young children are based on the goals for their developmental level. Learn about the characteristics of good observation notes and how we can use them to drive out teaching. Understand the importance of documenting children's skills throughout the day and through a developmental lens. Videos will be used to practice taking notes that are rooted in the goals for children's development and using that information to plan learning experiences.	VIRTUAL
9/15/2022	Medication Administration Skills Competency	6:30-8:30 PM	Keystone AEA 2310 Chaney Rd. Dubuque	This 2 hour professional development course is designed to address the principles and skills needed to administer medications to children. The course is specifically designed for personnel working in Iowa child care businesses. The course addresses the administration of oral medications, eye drops and ointments, ear drops, nasal drops and sprays, topical creams and ointments, nebulizer treatments and meter-dose inhalers. Participants must complete the Essentials for Medications in Child Care module prior to taking this course. This course includes a 1-hour skills competency evaluation to be completed within 30 days of taking the course. Please refer to the Medication Skills Competency Evaluation handout for additional information. (IQ4K approved)	FACE TO FACE
9/20/2022	EC-PBIS Preschool Modules 1 & 2 (3x4) (Series 9/20-10/11)	6-9 PM	Central Rivers AEA 9184 265th St. Clear Lake	Iowa Positive Behavioral Interventions and Supports for Programs with Preschoolers training offers participants research based information on promoting children's social emotional competence and preventing and addressing challenging behaviors. Two primary content areas will be covered: 1. Preventative Practices: building positive relationships, designing effective environments 2. Social Emotional Teaching Strategies: teachable moments, problem solving, anger management, facilitating friends (NAC approved)(IQ4K approved)	FACE TO FACE
9/20/2022	Child Passenger Safety: Know Better, Do Better	6:30-9 PM	Deery Center 3675 University Ave. Waterloo	Overwhelmed by the idea of child passenger safety and car seat use? Learn why child passenger safety is important, the different types of child passenger safety options, what the law requires compared to best practice guidelines, and how to find answers to child passenger safety questions. The more you know the better you can do to keep children safe! (NAC approved)	FACE TO FACE
9/20/2022	Contents & Containers: Exploring Space with Infants & Toddlers	6-9 PM	Falcon Civic Center 1305 5th Ave. NE Independence	Infants and toddlers are continually trying to get a sense of the space around them and their place within it. They figure out how to navigate through space and how various objects fit together. These early experiences are necessary for children to begin to make sense of space (size, shapes, volume, distance, etc.). The core of their spatial reasoning and geometrical thinking begins with these early experiences. Children must have many opportunities to physically manipulate objects in order to understand properties such as hard, soft, smooth, rough, flat, round, and so on. These experiences provide opportunities for inquiry, analysis, and logical thought. Infants and toddlers must have opportunities to explore objects and space in order to develop spatial reasoning, which is critical in the STEM disciplines. This workshop will provide an opportunity for participants to learn about a rich math and science curriculum for infants and toddlers, hands-on experience with materials, practical information about the teacher's role in facilitating the curriculum, and background knowledge about how children's spatial reasoning develops. The core elements of STEM will be addressed throughout the workshop as they apply to infant and toddler curriculum. (NAC approved)	FACE TO FACE
9/22/2022	Safe Food for a Healthy Future	6:30-8:30 PM	Chickasaw County Extension 506 W Milwaukee Street New Hampton, IA	How do we protect the children we care for from food borne illnesses? Participants will assess current food safety practices and develop action plans to improve practices in their child care setting. Use the FightBac! messages (separate, clean, cook and chill) to fight foodborne illness. Learn to identify potentially hazardous foods, the four types of cross contamination, difference between cleaning and sanitizing, and the temperature danger zone. (IQ4K approved)	FACE TO FACE

OCTOBER

Date	Name of Training	Time	Location	Description	FACE TO FACE OR VIRTUAL
10/4/2022	Medication Administration Skills Competency	6:30-8:30 PM	Security Mutual Insurance 101 Cherry St. Allison	This 2 hour professional development course is designed to address the principles and skills needed to administer medications to children. The course is specifically designed for personnel working in Iowa child care businesses. The course addresses the administration of oral medications, eye drops and ointments, ear drops, nasal drops and sprays, topical creams and ointments, nebulizer treatments and meter-dose inhalers. Participants must complete the Essentials for Medications in Child Care module prior to taking this course. This course includes a 1-hour skills competency evaluation to be completed within 30 days of taking the course. Please refer to the Medication Skills Competency Evaluation handout for additional information. (IQ4K approved)	FACE TO FACE
10/6/2022	School-age Care Environment Rating Scale (SACERS)	6:30-8:30 PM	ONLINE	Learn the characteristics of a quality school-age program and how quality can make a real difference throughout a child's life. Participants will learn how the School-age Care Environment Rating Scale (SACERS) self-assessment is a first step to a great program (NAC approved)(IQ4K approved)	VIRTUAL
10/8/2022	Nature Explore: Learning with Nature Using Your Outdoor Classroom	9:00-12:00 PM 12:30-3:30 PM	Twin Ponds Nature Center 1811 240 th St. Ionia	Learning with Nature -This interactive workshop emphasizes the need for children to have consistent time outdoors with an interested, caring adult. The group discusses some of the common barriers to preschool and elementary children's ability to create positive connections with the natural world and what parents and educators can do to counteract them. Discover engaging and practical hands-on ideas that can be infused throughout all areas of the curriculum to support the nature-child connection. This workshop will also provide a multitude of resource ideas to help you incorporate nature into both outdoor and indoor classrooms. Using Your Outdoor Classroom - Through fun and engaging hands-on experiences, you will gain techniques for using outdoor classrooms as an integral part of preschool and elementary children's daily learning. Discover how well-designed outdoor spaces facilitate children's overall development in traditional academic areas, strengthen specific skills, and aid social-emotional growth. Explore a variety of motivating strategies for facilitating and assessing student learning in outdoor classrooms, and reaching a variety of interests and need (NAC approved)	FACE TO FACE
10/8/2022 & 10/15/2022	PITC Module 2: Group Care	Oct. 8: 8:30-3:45 PM Oct. 15: 8:30-12:45 PM	Keystone AEA Decorah 700 Ridgewood Dr. Decorah	This module looks at group care in centers and in homes. To ensure that young children become healthy, emotionally secure individuals, it is critical to establish intimate relationships between infants and significant others in their lives. This module looks at the development of those relationships through the concepts of intimacy in groups, routines of care and the importance of the environment where care takes place. (IQ4K approved)	FACE TO FACE
10/11/2022	Back to Sleep-Tummy to Play, Reducing the Risk of SIDS & Promoting Active Tummy Time (Revised)	6:30-8:30 PM	Keystone AEA 2310 Chaney Rd. Dubuque	This course was developed by the director of the Iowa SIDS Foundation. This course presents research to understand SIDS, recommendations for safe sleep, the provider's role in the safe sleep environment, and guidance for the importance of tummy time when infants are awake. (NAC approved)	FACE TO FACE
10/11/2022	Fire Safety Training	6:30-8:30 PM	Deery Center 3675 University Ave. Waterloo	Basics of fire prevention and emergency management - what to do in case of a fire? Hands-on practice using a fire extinguisher to put out a fire.	FACE TO FACE
10/11/2022	Safe Food for a Healthy Future	6:30-8:30 PM	ISU Extension Office 3 1st Ave. NW Hampton	How do we protect the children we care for from food borne illnesses? Participants will assess current food safety practices and develop action plans to improve practices in their child care setting. Use the FightBac! messages (separate, clean, cook and chill) to fight foodborne illness. Learn to identify potentially hazardous foods, the four types of cross contamination, difference between cleaning and sanitizing, and the temperature danger zone. (IQ4K approved)	FACE TO FACE

OCTOBER CONTINUED...

Date	Name of Training	Time	Location	Description	FACE TO FACE OR VIRTUAL
10/19/2022	Directors Symposium- Curriculum and Assessment: The GPS for Building Skills	12:30-2:30 PM	ONLINE	Assessment helps us define the pathway by which each child can practice and build skills. Learn about the intertwining of assessment, goals, and a developmentally appropriate curriculum. Consider how using collected data about children's knowledge, interests and abilities can help us work with them to establish goal-driven activities and interactions. It's not about the tasks-it's about the skills! (NAC approved)	VIRTUAL
10/19/2022	Medication Administration Skills Competency	6:30-8:30 PM	ONLINE	This 2 hour professional development course is designed to address the principles and skills needed to administer medications to children. The course is specifically designed for personnel working in Iowa child care businesses. The course addresses the administration of oral medications, eye drops and ointments, ear drops, nasal drops and sprays, topical creams and ointments, nebulizer treatments and meter-dose inhalers. Participants must complete the Essentials for Medications in Child Care module prior to taking this course. This course includes a 1-hour skills competency evaluation to be completed within 30 days of taking the course. Please refer to the Medication Skills Competency Evaluation handout for additional information. (IQ4K approved)	VIRTUAL
10/20/2022	Family Child Care Environment Rating Scale (FCCERS-3) (Series 10/20 – 11/10)	6:30-8:30 PM	ONLINE	This 4-part series introduces family child care home providers to the Family Child Care Rating Scale (FCCERS-3). As a participant, you will (1.) Learn how to use FCCERS-3 as a helpful tool for improving your child care environment. (2.) Review criteria for teaching and talking with children to best support their growth and learning (3.) Gain helpful insights as you practice a self-assessment of your child care program and (4.) Create a useful step-by-step action plan to make ongoing improvements. (IQ4K approved)	VIRTUAL
10/24/2022	Teaching Children About Rules and Positive Approaches for Behavior	6:30-8:30 PM	ONLINE	Don't adults want to know why rules they have to follow exist? So do children! They need to understand why, what, and how to behave in different settings. Learn about the essential rules for early learners and how to communicate them in a positive, strength-based way that helps children feel capable. Gain new strategies and materials for teaching children how to solve their own problems and for your own analysis and approach for their challenging behavior.	VIRTUAL
10/25/2022	Foundations 1 of Intercultural Sensitivity	6:30-8:30 PM	ONLINE	Participants will define diversity and culture, learn about the Iceberg Model of Diversity & D.I.E. module, as well as have an opportunity to practice this skill through a class activity.	VIRTUAL
10/25/2022 & 11/1/2022	Building Resilience with Storybooks (series 10/25/ - 11/1)	6:30-8:30 PM	ISU Extension and Outreach for Butler County 320 N. Main St. Allison	This innovative child care training introduces core concepts for supporting children's resilience and social-emotional skills when using storybooks. It also includes evidence-based strategies to use when reading with children. Session 1 addresses dialogic reading (interactive reading). Session 2 builds on skills from Session 1 to support children's developmentally appropriate resilience using storybook guides. Participants will receive resources to support program implementation.	FACE TO FACE

November

Date	Name of Training	Time	Location	Description	FACE TO FACE OR VIRTUAL
11/2/2022	EC PBIS Preschool Modules 1 & 2 (3x4) (Series - 11/2, 11/9, 11/16, 12/7)	6-9 PM	Keystone AEA 2310 Chaney Rd. Dubuque	Iowa Positive Behavioral Interventions and Supports for Programs with Preschoolers training offers participants research based information on promoting children's social emotional competence and preventing and addressing challenging behaviors. Two primary content areas will be covered: 1. Preventative Practices: building positive relationships, designing effective environments 2. Social Emotional Teaching Strategies: teachable moments, problem solving, anger management, facilitating friends (NAC approved)(IQ4K approved)	FACE TO FACE
11/3/2022	Safe Food for Healthy Future	6:30-8:30 PM	Luana Savings Bank 100 Harvest Dr. Luana	How do we protect the children we care for from food borne illnesses? Participants will assess current food safety practices and develop action plans to improve practices in their child care setting. Use the FightBac! messages (separate, clean, cook and chill) to fight foodborne illness. Learn to identify potentially hazardous foods, the four types of cross contamination, difference between cleaning and sanitizing, and the temperature danger zone. (IQ4K approved)	FACE TO FACE
11/5/2022	North Iowa Early Childhood Symposium-Play Experience 3 hours training credit \$5 registration fee	TBA	Muse Norris Center on the NIACC Campus	Come and learn how PLAY can be incorporated into your classroom's daily schedule. Through the innovative use of free, recycled loose parts and less use of commercial toys, your children will manipulate recycled materials that support personal development. We are collaborating with the Metro Waste Authority, United Way, and Iowa Jaycees, and hope this will increase literacy and reading proficiency. Watch for registration details to come!	FACE TO FACE
11/8/2022	School Age Matters (Series 11/8-12/6)	6:30-8:30 PM	ONLINE	This series training is made up of 5 sessions that will allow providers to obtain the skills needed to care for school age children enrolled in a Child Development Home, Center or School Age Center. Topics covered include: Human Interactions and Communication, Child Development, Healthy and Safe Practices, Program Planning and Activities, and Ethics in School Age Care (IQ4K approved)	VIRTUAL
11/9/2022	Cuddles to Crayons: Infant and Toddler Development	6:30-8:30 PM	Security Mutual Insurance 101 Cherry St. Allison	Looking for a class written just for infant and toddler teachers? This training will look closely at children birth through 36 months, how they learn and develop and how providers can use this information to give every child the best care.	FACE TO FACE
11/10/2022	Food Safety Escape Challenge	6:30-8:30 PM	Keystone AEA -2310 Chaney Rd. Dubuque	Keep children safe – practice basic food safety! This session will review the 4 FightBac! messages – separate, clean, cook and chill. Participants will be actively engaged in a series of 'escape room' activities. To successfully 'escape' food safety risks, participants will need to appropriately respond to 9 different food safety activities. (IQ4K approved)	FACE TO FACE
11/14/2022	Iowa Early Learning Standards (ELS) - 3rd Edition Orientation	6:30-8:30 PM	Deery Center 3675 University Ave. Waterloo	The IELS - 3rd edition Orientation provides a detailed overview of the new standards, how to use the standards to plan developmentally appropriate activities and lesson plans, and why the standards are important to impact child development. The Orientation uses actual scenarios to explore use of the standards. (NAC approved)(IQ4K approved)	FACE TO FACE
11/17/2022	Virtual Statewide: Behavioral Strategies & Teaching Children About Problem Solving	6:30-8:30 PM	ONLINE	Learn to be proactive in ways that help you to mitigate challenging behavior. Learn strategies for developing relationships with children that you can lean on and how to teach children to solve their problems. When challenging behavior occurs, use strength-based and positive interactions to teach children about their actions.	VIRTUAL
11/21/2022	Safe Food for a Healthy Future	6:30-8:30 PM	Central Rivers AEA 9184 265th St. Clear Lake	How do we protect the children we care for from food borne illnesses? Participants will assess current food safety practices and develop action plans to improve practices in their child care setting. Use the FightBac! messages (separate, clean, cook and chill) to fight foodborne illness. Learn to identify potentially hazardous foods, the four types of cross contamination, difference between cleaning and sanitizing, and the temperature danger zone. (IQ4K approved)	FACE TO FACE
11/28/2022	Find Yes in Difficult & Challenging Behaviors	6:30-8:30 PM	ONLINE	Join this interactive session to gain understanding and skills to be more effective and kind in challenging situations. We will frame challenging situations with some basics about how human brains work (and when they don't!) Participants will identify and discuss how and why basic limits and boundaries are vital for children's development. Participants will learn practical skills to provide these limits in really loving, caring ways (NAC approved)	VIRTUAL

December

Date	Name of Training	Time	Location	Description	FACE TO FACE OR VIRTUAL
12/1/2022	Safe Food for a Healthy Future	6:30-8:30 PM	ONLINE	How do we protect the children we care for from food borne illnesses? Participants will assess current food safety practices and develop action plans to improve practices in their child care setting. Use the FightBac! messages (separate, clean, cook and chill) to fight foodborne illness. Learn to identify potentially hazardous foods, the four types of cross contamination, difference between cleaning and sanitizing, and the temperature danger zone. (IQ4K approved)	VIRTUAL
12/13/2022	Minimal Facts Interviewing	6-8:30 PM	ONLINE	Minimal Facts Interviewing teaches those who are likely to receive a disclosure of child abuse about how to appropriately gain information from the child without compromising the investigation. Participants learn do's and don'ts associated with interviewing children, how their information is applied to the investigation, information about child protection centers, and information on child abuse dynamics. The training is taught by trained child protection center staff and is based on knowledge of child development and participation in child abuse investigations.	VIRTUAL



Start your IQ4K Journey on the right foot!

Child Care Providers are encouraged to **start with their local CCR&R Child Care Consultant** that can support them to learn more about this new system and requirements.

Environmental Rating Scale Trainings for July 2022-June 2023:

ALL are Virtual and times are 6:30-8:30 pm

ECERS3: August 18, 25, Sept. 1, & 5

SACERS: October 6, 13, 20 & 27

FCCERS3: October 20, 27, November 3 & 10

ITERS3: January 5, 12, 19, 26

ECERS3: March 2, 9, 16 & 23

Virtual Director's Symposium

October 19

12:30-2:30 pm

Curriculum and Assessment: The GPS for Building Skills

Foundations of Understanding Trauma

8/31/2022

Manchester United Methodist Church

413 E. Butler St.

9:00 am-3:30 pm