



Activity: Protective Urges

Session 9: Keeping Families Engaged		Time Allotted: 10 minutes
Topic: Protective Urges	Training Method: Group	Group Size: Any Size

Outcomes of Activity:

Participants will understand the way parents feel when leaving their children with providers.

Materials

Participant	Trainer	Equipment
Personal Belongings	No Materials Needed	No Equipment Need

Instructions:

Trainer Preparation: No preparation needed

Activity Steps:

1. Encourage participants to give an item they currently have in their possession what would create high anxiety if taken away.
2. Have them switch items with someone at the table.
3. Let them hold on to those items for an extended period of time.
4. Share how being away from this item makes them feel
5. Relate it back to parents have similar feelings when leaving their children

Include key points to recap activity- Ask the following question:

1. What do parents value in their relationships with their provider (examples: trust, open communication, honesty, warm child-provider relationship, engaging environment, activities offered, meals and nutrition, policies and procedures, etc.)