

Q&A Session

Communities of Practice (CoPs) Meeting

CCR&R of NE Iowa
June 25, 2020

Question: Do we need to get paperwork from staff and family that says their COVID test was negative or just take their word?

- Answer: Test results cannot be shared with a child care business for a staff or child. The CDC has the following guidance related to staff: Employers should not require sick employees to provide a negative COVID-19 test result or healthcare provider's note to return to work.

Question: Will children still be able to bring their own blanket for nap time? If so, should it be sent home daily or remain at the school in a bag?

- Answer: In general, the CDC recommends that programs limit personal items and toys brought from home. A child could bring in a personal blanket for nap time and it should be left at the facility and laundered according to the program's protocol. "Use bedding (sheets, pillows, blankets, sleeping bags) that can be washed. Keep each child's bedding separate, and consider storing in individually labeled bins, cubbies, or bags. Cots and mats should be labeled for each child. Bedding that touches a child's skin should be cleaned weekly or before use by another child."

Question: How should cloth face masks be dried?

- Answer: The CDC has the following options for drying cloth face covering:
 - Use the highest dryer heat setting and leave in the dryer until completely dry
 - Air dry by laying flat and allow it to completely dry. If possible, place the cloth face covering in direct sunlight.

Question: If parents work in a facility where there is a large outbreak, the parents don't have symptoms but are tested a couple times per week is it okay for children to attend care?

- Answer:
 - The CDC states the following: People that are ill with COVID-19 symptoms and awaiting test results are to isolate at home and stay away from others.
 - DHS guidance is that children should stay home if their parent is ill.

- For parents that are healthy but undergoing routine testing due to their work, children do not need to be excluded from care unless the parent is ill and/or tests positive and the child is considered a close contact (within 6 feet for more than 15 minutes of the person testing positive).

Here is the link to the symptoms chart:

- <https://www.aafa.org/media/2631/respiratory-illness-symptoms-chart-coronavirus-flu-cold-allergies.png>

Here is the link to the information on nebulizer treatments:

- <https://www.cdc.gov/coronavirus/2019-ncov/downloads/FAQ-schools-child-care.pdf> (pages 4-5)

Submitted by:

Heidi Hotvedt, RN BSN

Child Care Nurse Consultant Healthy Child Care Iowa Coordinator

Iowa Department of Public Health

Lucas State Office Building | 321 East 12th Street | Des Moines, Iowa 50319

heidi.hotvedt@idph.iowa.gov