Child Development Home
Level 5

Instructions for Completion
The forms referenced in this document are suggested, however, the content found on the forms is required. Forms can be found at www.iowaccrr.org/provider/iq4k.

Nutrition and Physical Activity

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<th>Criteria</th>
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| □ 1. The program participates in CACFP and identifies and implements one nutrition goal from the completed action plan in Level 1. | □ CACFP Participation Certificate can be obtained from your CACFP sponsor and uploaded into the IQ4K application  
   □ Must be dated within 90 days of submission to HHS  
   □ Suggested form for nutrition goal - Nutrition & Physical Activity Action Plan and Goals  
   □ Suggested goal form will need to be uploaded into the IQ4K application |
| □ 2. The program identifies and implements one additional physical activity goal from the completed action plan in Level 1. | □ Suggested form for goal – Nutrition & Physical Activity Action Plan and Goals  
   □ Suggested goal form will need to be uploaded into the IQ4K application |

Professional Development

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| □ 3. The provider chooses ONE of the following (as applicable to the age served): ** | □ This will be verified through i-PoWeR  
   □ Ensure your i-PoWeR account is current by following the i-PoWeR CDH Checklist  
   □ Check the training requirements  
     • Professional Development Requirements  
     • Find training - Training Information & Links |
   a. Complete two additional modules Program for Infant and Toddler Care (PITC)  
   OR  
   b. Complete Early Childhood Positive Behavioral Interventions and Supports for Family Child Care (EC-PBIS FCC) Benchmarks of Quality and BOQ Action Plan for continued implementation and growth with coach (EC-PBIS FCC series must be complete)  
   OR  
   c. Once all of the age-applicable trainings are completed, subsequent applications must show completion of 22 annual training hours of professional development. |

**C2 - both provider and co-provider need to meet this requirement
**Family and Community Partnerships**

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| □ 4. The program completes one additional activity annually that promotes partnerships (see Family and Community Partnership Activity Options). | □ Family and Community Partnership Activity Options  
□ Suggested form – Activity Summary  
□ Information can be typed into the text box or the suggested form and supporting documents can be uploaded |

**Environment**

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<td>□ 5. The program receives and overall score of 5 on the ERS assessment (FCCERS).</td>
<td>□ The ERS assessment is completed by ISU</td>
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</table>
| □ 6. The program scores an average of 2.75 or higher on the Health and Safety Checklist for Early Care and Education Programs. | □ Health & Safety Checklist  
□ Contact your local CCNC for completion of this checklist  
□ Upload just the one-page signed scoresheet into the IQ4K application |

**Provider Qualifications**

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| □ 7. The provider meets Tier 2 or higher on the Iowa Early Care and Education Teaching Roles Career Pathway. ** | □ Iowa Early Care and Education Pathway Teaching Roles  
□ Related Degrees  
□ This will be verified through i-PoWeR  
□ Ensure your i-PoWeR account is current by following the i-PoWeR CDH Checklist |
| □ 8. The provider has at least four years of full-time child care experience. ** | □ This will be verified through i-PoWeR  
□ Ensure your i-PoWeR account is current by following the i-PoWeR CDH Checklist |

**Teaching and Learning**

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| □ 9. The program works with families and other experts to implement instructional and/or environmental adaptations that support the learning for each child, including those with diverse needs, identified disabilities, dual language learners, identified behavioral health needs and/or specialized health needs. | □ Type or upload description of what you have implemented to support a child  
□ If the program doesn’t currently have these needs, explain what they would do |

**C2 - both provider and co-provider need to meet this requirement**