Nutrition and Physical Activity
□ The provider completes one of the following food safety trainings (choose ONE):
   a. Food Safety in Child Care-4 hours (Institute of Child Nutrition online training)
   OR
   b. Iowa State University Extension: 4 Food Safety Lessons
   OR
   c. Other DHS or IQ4K-approved Food Safety training – 4 hours
   OR
   d. ServSafe
□ The program completes a self-assessment and creates an action plan in the area of nutrition.
□ The program completes a self-assessment and creates an action plan in the area of physical activity.

Professional Development
□ The provider completes a professional development plan annually.

Family and Community Partnerships
□ The program provides an orientation for new families.
□ The provider completes 1 activity annually that promotes partnerships (see Family and Community Partnership Activity Options).

Environment
□ The program develops and implements policies regarding (as applicable to age served, aligned with Caring for Our Children):
   a. Supervision
   b. Safe Sleep Policy
   c. Missing child
   d. Strangulation Prevention
   e. Sign-in/sign-out tracking system for children and visitors.
□ The provider annually completes the Interaction and Relationship Self-Assessment.
□ The program annually completes the IQ4K Program Assessment.

Provider Qualifications
□ The provider has at least 1 year of child care experience.

Teaching and Learning
□ The provider completes training on the Iowa Early Learning Standards (2hrs.).
□ The program develops and implements a comprehensive discipline/behavior policy that promotes positive relationships.