



# Professional Growth & Development Plan

## Child Development Homes

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Program/Provider Name		Training Period	
Street Address	City	Zip Code	County
Provider Registration Number		Registration Expiration Date	
QRIS Certification & Level		QRIS Expiration Date	

Requirements Prior to Registration	Date Completed	Expiration Date
<input type="checkbox"/> Iowa Record Checks (criminal, child abuse & sex offender registries) – 2 years <a href="#">Form 470-3301</a> , <a href="#">Form DCI-77</a>		
<input type="checkbox"/> National FBI Fingerprint Checks (18 years and older) – 4 years, waiver form on file		
<input type="checkbox"/> CPR Training – 1 to 2 years		
<input type="checkbox"/> First Aid Training – 2 to 3 years		
<input type="checkbox"/> Mandatory Reporter (MCART) – 3 years		
<input type="checkbox"/> Essentials Preservice Series/ECE133 – no expiration		
<input type="checkbox"/> Provider Physical – 3 years <a href="#">Form 470-5152</a>		

Professional Development Requirements: Registered Child Development Homes (CDH) providers must receive 24 hours of training each registration period. If a provider chooses to complete any series again after the five-year period has passed, it will count toward their total training hours for that year. ChildNet Certified providers must receive 32 hours of training each certification period.

Date	Length in Hours *	Training Organization	Course Title	Topic Area**	CDA Content***

Date	Length in Hours *	Training Organization	Course Title	Topic Area**	CDA Content***

\*Mark any hours that are not creditable with DHS.  
\*\*Topic Areas: A-Child Development, B-Guidance & Discipline, C-Developmentally Appropriate Practices, D-Nutrition, E-Health & Safety, F-Communication Skills, G-Professionalism, H-Business Practices, I-Cross Cultural Competence  
\*\*\*CDA Content: 1-Safe/Healthy Learning Environment, 2-Physical/Intellectual Competence, 3-Social/Emotional Development, 4-Positive Relationships, 5-Purposeful & Responsive Program, 6-Commitment to Professionalism, 7-Observing/Recording Children’s Behavior, 8-Child Growth & Development

Notes